

Breastfeeding Support Group



Where: Aplaydia Indoor Playground (936 Bedford Highway, Bedford)

Tel: 902 444 7529

When: Fridays from 1:30 – 2:30 pm (starting January 4, 2013)

This is an informal and friendly group where breastfeeding and pregnant women can drop in and meet other moms and moms-to-be.

Nancy (Lactation Consultant) and Kylie (Postpartum Doula) will be there to answer any of your questions.

This is a free drop-in group. Older children will need to pay the regular admission fee to play at Aplaydia.



APlaydia
Indoor Playground

www.aplaydia.com